

AHMEDABAD JUNG CENTER

(DG of IAAP) ORGANIZES

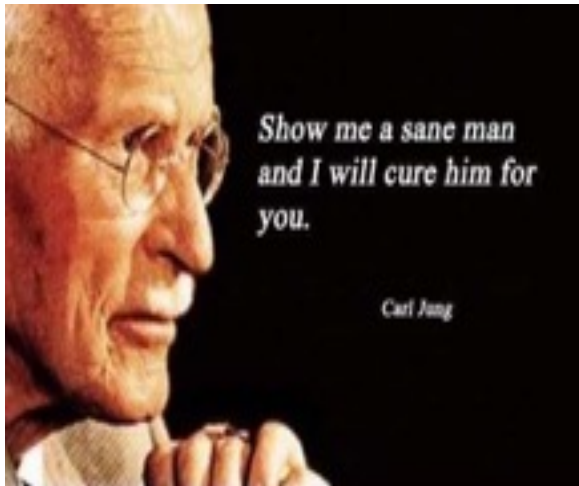
FOUR DAYS INTENSIVE WORKSHOP

on

VARIOUS JUNGIAN ANALYTICAL PERSPECTIVES

(A virtual online event)

(25th-28th February 2020, Thursday-Friday-Saturday-Sunday)



Jungian Perspectives on

- 1) Beyond Individuation-
The Timeless Wisdom of
Upanishads
- 2) The Mystical Self
- 3) Symbol Formation (Art
therapy and Sand play)
- 4) Fathers and Daughters
- 5) Jung and the East
- 6) Brief and in-Depth
analytical psychology

By an international panel of distinguished Jungian Analysts from
Denmark, Australia and USA

ORGANISING CHAIR PERSON

Dr. Minakshi Parikh
President
Ahmedabad Jung Center
HOD Psychiatry
Civil Hospital, Ahmedabad

MODERATOR

Dr. Ashok Bedi
Sr. Jungian Analyst &
Liaison Person
Ahmedabad Jung Center
**ORGANISING CO-CHAIR
PERSON**

Dr. Nimesh Parikh
Vice President
Ahmedabad Jung Center
HOD, Psychiatry
NHL MMC, Ahmedabad

SCHEDULE OF THE WORKSHOP:

Day 1- 25 th Feb 2021, Thursday		
Time	Topic	Speaker
7 PM – 9 PM, IST 7:30 AM – 9:30 AM, CST	Beyond Individuation-The Timeless Wisdom of Upanishads	Dr. Ashok Bedi - USA

Day 2 – 26 th Feb 2021, Friday		
Time	Topic	Speaker
8 AM – 10 AM, IST 8:30 PM – 10:30 PM(Thursday), CST 1:30 PM, Sydney	The Mystical Self in Jungian Thought	Leslie Stein – Australia
7 PM – 10 PM, IST 7:30 AM – 9:30 AM, CST (Friday) 2:30 PM, Denmark	Symbol Formation Amplified by Art Therapy and Sand Play	Lisbet Myers Zacho – Denmark

Day 3 - 27 th Feb 2021, Saturday		
Time	Topic	Speaker
8 AM – 10 AM, IST 8:30 PM - 10:30 PM(Friday), CST 9:30 – 11:30 PM, EST	Scholarship Prize announcements and Presentations	Robert BJ Jakala and the UIJF Board members

7 PM – 9 PM, IST 7:30 AM – 9:30 AM, CST (Friday) 2:30 – 5:30 PM, Denmark	Fathers and Daughter - An Analytical Perspective	Misser Berg - Denmark
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Day 4 - 28 th Feb 2021, Sunday		
Time	Topic	Speaker
8 AM – 10 AM, IST 8:30 PM – 10:30 PM (Saturday), CST	Jung and the East	Warren Sibilla, PhD, HSPP – USA
7 PM – 10 PM, IST 7:30 AM – 9:30 AM, CST 8:30 – 10:30 AM, EST	Brief and In- Depth: Analytical Psychology in the 21st Century	Jill Fischer – USA

Meant for:

Interested mental health professionals and students

Fees:

	Members	Non-members
For Students	Rs.1500	Rs. 3000
For Professionals	Rs.3000	Rs.5000

Fees will include:

- 1) Entry to the academic feast
- 2) Related digital Jungian material
- 3) An opportunity to interact with stalwarts of Jungian world
- 4) Digital Certificate

For Registration write to abdjungcent@gmail.com or for any query - Contact:

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Thursday, February 25th, 2021
7 PM – 9 PM, IST(Indian Standard Time)
7:30 AM – 9:30 AM, CST

Beyond Individuation- The Timeless Wisdom of Upanishads by Dr. Ashok Bedi



While Patanjali's Yoga Sutra offers a roadmap of the Eastern GPS to the individuation process, the timeless philosophy of the Upanishads points to the destination of individual journey beyond individuation to transcendence – the ultimate destiny of the human soul. Carl Jung and Western philosophers like Arthur Schopenhauer were captivated by the Upanishads. While Jung's Analytical psychology offers the clinical paradigm to mine the individuation process, the Upanishads offer the gold in the mine of consciousness. Embedded as the culmination of the Vedas as the Vedanta, the Upanishads offer the purest source of India's spiritual wisdom. Mahatma Gandhi was inspired by the Upanishads as the core of his movement leading to Ahimsa and Swaraj (the reign of the Soul – Chandogya viii. 1..5-6) as his mantras for freedom of India and the human spirit. Ahimsa Paramo Dharma – the highest religion and the ultimate law of our being is nonviolence (Chandogya Upanishad iv 17.4). This brief presentation will present an overview of Hindu philosophy, the location of the Upanishads in the Vedas and a bird's eye view of the Upanishads. 1

There is no study, so beneficial and so elevating as that of the Upanishads. They are destined sooner or later to become the faith of the people. Schopenhauer, who was in the habit, before going to bed, of performing his devotions from the pages of the Upanishads, regarded them as:

" It has been the solace of my life -- it will be the solace of my death."

Arthur Schopenhauer ²

Ashok Bedi, MD is a Jungian analyst in Milwaukee, USA, affiliated with the Carl Jung Institute of Chicago, the Medical College of Wisconsin and is the liaison person for the IAAP at the Ahmedabad Jung Center.³

Friday, February 26th, 2021

8:00 am – 10:00 am IST (Indian Standard Time)

8:30 pm – 10:30 pm CST, 1:30 pm Sydney

The Mystical Self in Jungian Thought by Leslie Stein

This presentation will focus on Jung's insights into the Self in clinical practice. Jung viewed the Self as a mystical Other which is beyond conscious thought yet is the center of psyche, and its realization is the goal of all therapy.

²<https://www.speakingtree.in/blog/what-intellectuals-say-on-india-and-hinduism>

³www.pathtothesoul.com



Professor Leslie Stein is a Jungian Analyst in Sydney, Australia. He is a graduate of the CG Jung Institute of New York. His work has concentrated on mysticism and the Self. He has lived and taught in India and is a yearly visitor. His books include: *Becoming Whole: Jung's Equation for Realizing God (Helios)*, *Working with Mystical Experiences in Psychoanalysis: Opening to the Numinous (Routledge)*, the Jungian allegory: *The Journey of Adam Kadmon: A Novel (Arcade)*. He is completing his latest book: *The Self in Jungian Thought* and is Editor of the forthcoming work: *Eastern Practices and Individuation (Chiron)*.

Friday, February 26th, 2021

7:00 pm – 10:00 pm IST (Indian Standard Time)

7:30 am – 9:30 am CST, 2:30 pm Denmark

Symbol Formation by Lisbet Myers Zacho (Denmark)

Senior analyst and member of IAAP and DSAP Amplified by Art

Therapy and Sand Play



Lisbet Myers Zacho has been in Private Practice since 1990, as well as teaching and lecturing at various Psychotherapeutic Training Institutes and Psychiatric institutions in Denmark. Has been a member of the Executive Board and Teaching Committee at the Jung Institute in Denmark. Liaison Person together with Misser Berg in Estonia from 2000-2006, supervising and lecturing in South Russia and Ukraine since 2014. Have done several projects like establishing Sand play for refugee children in Denmark 2014- 2017. In 2019 she went with 4 more Sand play therapists to Uganda to initiate an intensive sand play training program for social workers, who work with orphaned street children. Since last year Liaison Person in Bangalore.

Saturday, February 27th, 2021

8:00 am – 10:00 am IST (Indian Standard Time)

8:30 pm – 10:30 pm CST, 2:30 pm Denmark, 9:30 pm – 11:30 pm EST

Scholarship Prize Presentations - Robert BJ Jakala and the UIJF Board members

The Winners of the Essay Prize will make a brief presentation of their work.



Robert “BJ” Jakala received his PhD (2006) in Depth Psychology from Pacifica Graduate Institute in Carpinteria, California. He retired his Jungian based private practice as a Licensed Marriage Family Therapist after thirty years in Woodland Hills, California. He was the Assistant Director of the Men’s Center of Los Angeles for five years.

He retired as a Registered Nurse at the Lynda and Stewart Resnick Neuropsychiatric Hospital at UCLA after thirty-three years. He has taught Stress Management and Resilience to the first year Nurse Residents at the Ronald Reagan UCLA Medical Center for the past fourteen years. He has been a core facilitator of the Circle of Caring, a three-day conference for health care workers, held at the Lake Arrowhead Conference Center since 2004.

His love of photography, travel, and depth psychology are embedded in his semi-retirement life. He continues to teach depth psychological concepts in a variety of settings.

Saturday, February 27th, 2021

7:00 pm – 9:00 pm IST (Indian Standard Time)

7:30 am – 9:30 pm CST, 2:30 pm – 5:30 pm Denmark

Fathers and Daughters - An Analytical Perspective Misser Berg

Jungian Analyst from Denmark

President-Elect of the IAAP and Chair of the IAAP Education Committee



Sunday, February 28th, 2021

8:00 am – 10:00 am IST (Indian Standard Time)

8:30 pm – 10:30 pm CST, 9:30 pm – 11:30 pm EST

Jung and the East by Warren Sibilla, PhD., HSPP

Director – Analytical Training Program, C.G. Jung Institute of Chicago

Dr. Sibilla will discuss Jung and the East emphasizing the Jung/Hisamatsu dialogue that occurred late in his life as well as the ten Ox Herding cards used in Zen Buddhism. Both forums will layout the foundation to talk about Jung's relationship with the East that evolved his entire lifetime.



Warren Sibilla, Jr, PhD is a Diplomate Jungian Psychoanalyst with a clinical practice in Chicago, IL and South Bend, IN. Dr. Sibilla served as the Director of the Clinical Training Program (2010 – 2014) at the Institute and teaches in their Analyst Training Program. He is engaged in the study and practice of Zen Buddhism including authoring a book on the relationship between Zen Buddhism and Analytical Psychology as well as a paper formally exploring Jung's 1958 dialogue with Japanese Zen Master and Philosopher Hisamatsu. Dr. Sibilla teaches in the Masters and Doctoral programs at The Chicago School of Professional Psychology and The Institute for Clinical Social Work and facilitates silent contemplative retreats at GilChrist Retreat Center in Michigan.

Dr. Sibilla graduated from the California School of Professional Psychology in 1993. Since earning his Ph.D., he has received a post-doctorate diploma in Object Relations Theory and Practice. Additionally, he has earned the professional title of Psychoanalyst. Finally, he has completed the training to serve as a court appointed Parent Coordinator and Domestic Relations Mediator. He is the President of the Child Development and Psychological Health Center maintaining a private practice specializing in forensic psychology including proficiency with court ordered psychological consultations and assessments with children, adolescents, and adults. He provides psychotherapy and psychoanalysis to children, adolescents, and adults. Finally, Dr. Sibilla provides professional consultation and supervision to many mental health practices and individual clinician

Sunday, February 28th, 2021

7:00 pm – 9:00 pm IST (Indian Standard Time)

7:30 am – 9:30 am CST, 8:30 pm – 10:30 am EST

“Brief and in-depth”: analytical psychology in the 21st century by Jill Fischer (USA)

‘Brief and In-Depth’ analytical work finds its roots in the theoretical contributions of Carl Jung as well as the earliest days of psychoanalysis. A ‘Brief and In-Depth’ approach does not replace the traditional practice of analytical psychology. Throughout the ages, significant historical events have marked the resurgence of brief therapies. The 21st century is no exception. In this paper I will introduce an innovative, approach to brief work which, at its heart, attempts to explore and chisel out new territory that draws on ancient, Greek, Asklepian incubation practices and an embodied imagination method of working with dreams and memories. The intelligence inherent in the analysand’s dream images and their associated bodily responses bring fresh insights that over time disclose, in the words of C.G. Jung, “new ways of getting over a dreaded impasse.”



Jill Fischer, PsyA, APRN, IAAP., a Jungian analyst, is a board certified, advanced nurse practitioner with over fifty years of clinical experience. She is the President of the C.G. Jung Institute of New England and is a training and supervising analyst. Jill has taught and presented papers related to Embodied Imagination® worldwide, is the Director of Clinical Services at the Santa Barbara and Malinalco Healing Sanctuary www.santabarbarahealingsanctuary.com and is a Lecturer/Preceptor in the Yale University School of Nursing GEPN Program.

In 1997, Jill became a founding member of www.cyberdreamwork.com a voice program on the Internet for interactive work on dreams and imagery. As the site's webmaster, she coordinates group programs and leads several dream groups in both live and virtual reality. Jill co-wrote with Judy White, PhD the section on *Embodied Imagination*® in Barrett, Diedre and McNamara, Patrick, editors. *Encyclopedia of Sleep and Dreams [2 volumes]: The Evolution, Function, Nature, and Mysteries of Slumber*, Greenwood, 2012.